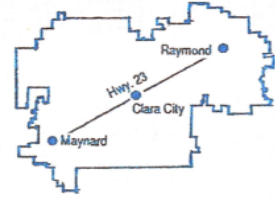




P.O Box 690
Clara City, MN 56222

INDEPENDENT SCHOOL DISTRICT #2180
MACCRAY SCHOOLS
*Serving the Communities of
Maynard - Clara City - Raymond*

MACCRAY District Central Office



Phone 320-847-2154
FAX 847-3239

Hello MACCRAY students and families,

I hope you are having a great summer!

As the School Nurse I wanted to take a moment and let you know of some important health information. Please take the time and read through the information so your student is up to date and will be ready to go the first day of school.

Immunizations:

“All students must be properly immunized or submit appropriate documentation exempting them from such immunizations in order to enroll or remain enrolled. Students may be exempted from the immunization requirement when the immunization of the student is contraindicated for medical reasons; laboratory confirmation of adequate immunity exists; or due to the conscientiously held beliefs of the parents/guardians or student”.

- Kindergarteners are required to have 3 doses of Hepatitis B, 5 Doses of DTAP, 4 Doses of Polio, 2 doses of MMR, and 2 Doses of Varicella.
- 7th graders are required to have 1 dose of Tdap and 1 dose of Meningococcal. It is also recommended to have HPV and influenza.
- 12th graders are required to have the booster dose of meningococcal vaccine.
This is the booster to the initial dose that is required in 7th grade.

Medications:

We request that medications be taken at home if possible. If a medication must be taken during the school day this medication has to be kept in the school office and a medication form must be filled out. There are two different forms for medication administration, “Prescription Medications” and “Non-Prescription Medications” which can be found on the school website or at your school office.

The school does not have a stock supply of any medications. We only have what you provide to us for your student.

***All medication administration forms must be updated annually. New forms will be needed in August when students come back to school.**

Illness:

Communicable illnesses should be reported to the school as soon as possible. The following are guidelines to follow for admittance to school when a communicable disease/illness has been involved:

- Fever over 100F - Student is not to return to school until 24hrs after the temperature returns to normal without the assistance of fever reducing medications, i.e. Tylenol.
- Stomach Flu - 24 hours after the last episode of vomiting or diarrhea.
- Influenza - 24 hours after the temperature returns to normal
- Ear infection - Not contagious, but the student should see a physician and can return to school when pain is gone.

- Strep Throat - The student can return to school 12 hours after antibiotic treatment has started and fever is gone.
- Conjunctivitis (pink eye) - The student is not excluded unless they have a fever or are not healthy enough to participate in activities.
- Head lice- A student found to have lice in his/her hair will be sent home from school. Treatment with lice killing shampoo will have to be completed and nits removed from hair before he/she will be readmitted to school. Parents are responsible for checking other children at home and for implementing control measures to prevent re-infestation of head lice.

School Health Education:

This year I will be working alongside Countryside Public Health to teach our students about a variety of health topics that are age appropriate. Here are some of the topics we plan to cover; handwashing, mind up, poison control, teen driving safety, nutrition and healthy snacks, vaping, winter safety/hypothermia, stop the bleeding, distracted driving simulator, hygiene class, severe weather, and bike safety.

I will be available at the High School for Open House on August 11th from 5-8pm. Please reach out to me with any questions or concerns you may have regarding your student's health. You can email me at hainesd@maccray.k12.mn.us or call the school office to get in contact with me. During the school year I am at West on Tuesdays, at East on Thursday's and at the High School on Wednesday's and Friday's.

Dona Haines RN, BAN, PHN, LSN
Licensed School Nurse
MACCRAY Public Schools